



CAFFI GWENALLT



Penparcau TAKEAWAY MENU

Due to the Covi-19 pandemic, this is our special menu for takeaway only. Please wear a mask and ensure that social distancing is adhered to when collecting your food

The safety of our customers is our top priority

We are privileged to serve you and your community

Thank you for your understanding.

We greatly appreciate your support

Call today to place your orders



(01970) 611099

We will be serving an all NEW Breakfast and Lunch Menu available until 3.30pm and a fantastic new dishes from all around the world available **ALL day**

Amazing Food at Amazing Prices
Penparcau Community Forum
YOUR COMMUNITY – YOUR VOICE

OPENING HOURS

Monday to Wednesday 9.00am – 5.00pm

Thursday and Friday 10.00am 7.00pm

Rice

1. Singapore chicken fried rice£4.50
2. Egg fried rice£2.50
3. Mixed vegetable fried rice£4.00
4. Sri Lankan yellow rice£2.50

Chicken

5. Chicken tikka masala **£5.00
6. Chinese chicken and broccoli£4.00
7. Chinese chicken with cashew nuts **£4.50
8. Thai Red / Green curry with chicken **£4.50
9. Malaysian chicken curry **£4.50
10. Sri Lankan mild curry with coconut **£4.50
11. Sri Lankan devilled chicken ***£4.50

Fish

12. Fish tikka masala **£6.00
13. Sweet and sour fish£5.50
14. Sri Lankan mild fish curry **£6.00
15. Sri Lankan devilled fish ***£5.50

Beef and Pork

16. Beef masala curry *£4.50
17. Mongolian stir fry beef **£4.00
18. Malaysian beef curry with potatoes **£5.00
19. Chinese stir fry pork with ginger and spring onion....£4.00
20. Sri Lankan black pork curry **£4.00

Vegetables

21. Chickpea tikka masala **£4.00
22. Vegetable tikka masala *£4.50
23. Paneer tikka masala **£5.00
24. Sri Lankan mixed vegetable curry}
 with coconut or cream – Vegan * £4.00
25. Chickpea curry with coconut – Vegan **£4.00
26. Red lentil curry/ Dale curry – Vegan **£4.00
27. Sri Lankan potato curry -Vegan **£4.00
28. Sri Lankan devilled potatoes -Vegan ***£3.50

29. Hub of the day – Noodles or soup – See Board for Price
30. Hub of the day – Meal for 1 person – See Board for Price


ALLERGY ADVICE


Some of our dishes contain **GARLIC, SOYA, GLUTEN & SESAME OIL.**


Some of our dishes may contain these 14 allergens as follows:


Cereals containing gluten, Peanuts, Nuts, Milk, Soya, Mustard, Lupin, Eggs, Fish, Crustaceans, Molluscs, Sesame seeds, Celery, Sulphur Dioxide.


**If you have any allergies please inform us before ordering.
 We will do our best to advise you.**

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Mild


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Spicy

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Hot & Spicy


We promote

 *Vegan*

&

 *Vegetarian*

Dishes

Curry – Spices:

Including ground turmeric, cumin, coriander, cardamom, cinnamon clove, black pepper, mustard seeds, fenugreek and fresh or dried chillies, tamarind paste

Chinese and other Asian ingredients:

Light soy sauce, dark soy sauce, rice wine, rice vinegar, fish sauce, oyster sauce, sesame oil, Chinese bean sauce, Chinese five spice, cornflour, teriyaki sauce, stock cube, mirin, shrimp paste, peanut



Breakfast & Lunch



1. Small Breakfast - 1 Bacon rash, 1 Sausage, 1 Hash Brown, 1 Egg, Beans or Tomatoes, Toast and Hot drink.....£3.50
2. Sausage Roll£1.00
3. (i) Omelette with cheese£2.00
(ii) Omelette Bacon and cheese£2.50
(iii) Extra - 2 toast and butter£1.00
4. (i) Tea£1.00
(ii) Instant Coffee£1.00
(iii) Espresso£1.50
(iv) Caffe Latte£1.50
(v) Cappuccino£1.50
(vi) Mocha£1.50
(vii) Americano£1.50
(viii) Hot Chocolate£1.50
5. (i) Salad wrap£1.50
(ii) Bacon Salad wrap£2.00
6. (i) Chicken Burger with Cheese, lettuce & Tomato,
Ketchup or mayonnaise£2.50
(ii) Chicken Burger with Cheese, lettuce & Tomato,
Ketchup or mayonnaise£2.50
7. Tomato and Garlic Pasta£3.00

Penparcau Hub of the Day – Available EVERY DAY
Please ask for the Sandwich / Wrap, Special of the Day