

# BUFFET MENU

## PENPARCAU COMMUNITY FORUM

### BASIC | £5.50 PER HEAD

#### Sandwiches

*Ham, Cheese, Cheese & Onion,  
Cheese & Tomato, Jam, Tuna  
Mayonnaise*

#### Fruit Platter

*Apple, Banana, Oranges*

#### Crisps

*Various options available*

#### Snacks

*Cereal Bar, Yoghurt, Chocolate  
Bar, Flapjack*

### DELUXE | £6.50 PER HEAD

#### Sandwiches

*Egg Mayonnaise, Chicken  
Mayonnaise, Falafel Salad*

#### Crudités Selection

*Carrot, Cucumber & Celery, all served  
with Dips*

#### Sweet Treat

*Fruit Trifle, Ice Cream, or Scone*

#### Crisps

*Various options available*

#### Fruit Platter

*Mixed Berries, Melon Selection,  
Grapes and Kiwi*

#### Snacks

*Vegetable Spring Rolls, Mozzarella  
Sticks*

### PREMIUM | £8.50 PER HEAD

#### Sandwiches

*Chicken Stuffing, Beef & Mustard,  
Ploughman's Salad, Salmon & Soft  
Cheese*

#### Crudités Selection

*Carrot, Cucumber & Celery, all served  
with Dips*

#### Sweet Treat

*Cheesecake, Brownie or Ice cream*

#### Crackers

*With a cheese selection*

#### Fruit Platter

*Mixed Berries, Melon Selection,  
Grapes and Kiwi*

#### Snacks

*Vegetable Spring Rolls, Mozzarella  
Sticks, Onion Bhaji, Sausages and  
Nuggets*

### GLUTEN FREE OPTIONS AVAILABLE

50p supplement per person

*Tea/Coffee £1.75 per person*

*Specialty Coffee £2 per person*

*Jug of Squash £2*